

## Salsa

2 jalapeño peppers

Remove about:

100% of the seeds for mild salsa, (actually, use only 1 jalapeño)

80% of the seeds for medium salsa, or

50% of the seeds for very hot salsa.

**or** 2 1/2 tsp crushed red pepper

1 large red onion, dice finely

1 green or red bell pepper, diced finely

32 oz. can fire-roasted tomatoes, crushed

3/4 of a lime—the juice

2 teaspoons salt

Optional 1/4 bunch cilantro, cut into 1/4" - 1/2" lengths

Mix and stir.

Makes 5 cups. Refrigerate until ready to use.